

# How to Choose a System of Feng Shui That Works



E-book by **Brigitte Seum & Soulspace Feng Shui**

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## What Is Feng Shui

*Feng Shui literally means 'wind and water'.*

*Traditionally a house site was considered fortunate if it was sheltered from the attack of strong winds and rough waters; and if the wind and water could bring happiness and prosperity to the occupants.*

*If the location of a house was wrong, then the occupants would experience more a more difficult life.*

Feng Shui is the study of the relationship between humans and their built environment.

The purpose of Feng Shui is to create buildings and landscapes that are not only beautiful but also enhance the success and happiness of the people who live and work in them.

As well as choosing favourable physical features inside and outside a building, Feng Shui masters discovered the subtle influences that affect people's lives either positively or negatively within a building.

They were able to establish the laws governing these invisible forces. Feng Shui developed into an art and science of arranging buildings in such a way as to take full advantage of life enhancing influences, and to avoid or minimise the harmful effects.

Without using Feng Shui in its design or through design or improvements, the actual influence of a building may be either positive or negative on its occupants.

Much is left to chance. With the laws of Feng Shui applied to their buildings people live in harmony with their environment and the laws of nature. People are supported and can more easily attain success and happiness in life.

## The Reason for This Booklet

I meet a lot of people who have an interest to learn Feng Shui or to employ the services of a consultant, but are overwhelmed by the immense volume of conflicting information they come across.

Choosing the right system or practitioner is difficult, since you can end up with conflicting advice depending on who you listen to. There are not only numerous Feng Shui schools and practitioners, but also a countless bewildering terms.

During my first few years of studying Feng Shui, I waded through an immense amount of conflicting information searching for the truth.

I wanted to find a workable Feng Shui system that was not based on superstition, a system that would work regardless of whether I believed in it or not.

To reach this level of certainty and clarity on Feng Shui has taken me years of research and practice.

In this booklet, I will give you an overview over the five main types of Feng Shui schools that you may come across. I will define some of the many terms used in Feng Shui. I will also give you my considerations and evaluations of the various systems.

I approach Feng Shui in a rational way and expect a valuable system to work in every situation. I have studied and practiced Feng Shui now for almost 14 years and am confident that I have separated superstition and other nonsense from genuine Feng Shui.

It is unfortunate that Feng Shui has been trivialised by popular books, which take a fraction of this vast knowledge and call it authentic Feng Shui.

Real Feng Shui works; - it produces an accurate analysis and measurable results for any building, creating spaces that are in harmony with nature and that support you and your endeavours.

The purpose of this book is to help you weed out the real from the fake, and to shed some light on the confusions and myths surrounding Feng Shui.

With the following information, the task of finding a sensible system of Feng Shui, or an effective Feng Shui consultant should become much easier for you.

Warm regards

*Brigitte Seum*

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## Overview

Before delving into too much detail, I will give you an overview of what Feng Shui is about.

## The Scope of Feng Shui

At this point I need to clarify what Feng Shui **can**, and what it **cannot** do.

Feng Shui comes from ancient China. The Chinese traditionally divided the range of human experience into three spheres: **Earth Luck**, **Heaven Luck** and **Human Luck**.

- o **Earth luck** addresses how the environment and the building you live or work in affect you – this is addressed by Feng Shui.
- o **Heaven luck** analyses your destiny, it assumes this to be determined by your birth time and place – this is covered by various systems of Chinese astrology.
- o **Human luck** has to do with your thoughts, attitudes, actions, ethics and behaviour patterns. These have a direct and major influence on your life.

**Heaven Luck** is beyond our control. I won't go further into this here

**Earth Luck** and **Human Luck**, however, are within our control.

If you arrange your building so it has good Feng Shui, if you have a positive attitude about life, and if you are ethical and work hard, you can achieve outstanding results in life.

A building with good Feng Shui does have a positive influence on your life, but there is more to a fulfilled life than just *Earth Luck*. Creating good Feng Shui can help, but it is not the answer to all your problems.

**Human Luck**, your thoughts and actions, are actually the most important factors affecting your future. Happiness has to do with achieving your personal goals and being honest and productive in life. This is especially true if you feel that you are helping yourself and contributing to your family, friends or the world. If Human luck is neglected, good Feng Shui alone will not make you happy or successful.

## The Purpose of Feng Shui

Favourable Feng Shui creates buildings and environments that function in harmony with nature.

With a good Feng Shui analysis you can **predict** if a building will support positive, happy and healthy lives for its occupants; or if a building will make it more difficult and will contribute to problems and sickness.

The best time to use Feng Shui is to **create** favourable buildings. This is ideally achieved when first designing a building; but a lot of benefit can be achieved by adjusting existing ones as well.

## Ying and Yang

The most powerful influence in Feng Shui comes from the two opposing aspects of life, called Yin and Yang. 80% of great Feng Shui can be achieved on this level.

These exist in physical features as well as in the unseen intangible dimension of a building.

Yin and Yang denote the dynamic interplay of opposites:

**Yin** refers to the quiet, regenerative and stationary forces. In Feng Shui good Yin energy is utilised in bedrooms, for relaxation and the support of people.

**Yang** refers to the active, constructive and moving forces. Good Yang energy should be utilised for doorways, making money and active areas.

An important objective in Feng Shui is to assign Yin type of rooms to where there is good natural Yin energy in the house, and Yang type of areas to where there is favourable Yang energy.

This way life will be in harmony with Nature.



## Problems You Can Experience with Bad Feng Shui

If these Yin and Yang influences are neglected or left to chance, you possibly experience problems:

If you have your bedroom in an area where Yang dominates, or if the Yin energy is negative, you will not be able to sleep well, your health will suffer and relationship problems may develop.

Or, if you have your workspace in an area that has unfavourable Yang, then your work will be slow and your thinking fuzzy; your business may be sleepy and not very productive.

Additionally, there are many combinations of forces present in a building, some good, some bad and some in-between, each resulting in a potentially different experience for the occupants.

Some of the possible negative Feng Shui influences in a building are: not being able to think clearly, arguments, being prone to sickness, insomnia, income being slow for no apparent reason, 'Murphy's law' at work in your life, relationship troubles, communication troubles, stress and children playing up.

If the cause of these problems lies in bad Feng Shui, then appropriate Feng Shui improvements can handle these troubles, often very dramatically and rapidly.

If the cause of the problems has nothing to do with Feng Shui or only partially relates to bad Feng Shui, then you also need to address the correct cause of the problem, in order to achieve lasting and satisfying results.

## The Power of Good Feng Shui

A building with good Feng Shui feels good and supports you.

Living life, making right decisions and taking positive actions, becomes easier if you don't have to wrestle against negative influences of the environment. Your health, relationships and activities are supported.

With Feng Shui you can create a building that is radiant, that is conducive to business and communication;

You can also create a bedroom that is conducive to health, good sleep and relationships.

For example, if you have your bedroom in an area of the home with good Yin, then you will be able to sleep well and be healthy.

If your office is in an area with good Yang you are supported in having a lively, successful business.

In real life there are of course many in between situations, but these two examples should help you understand how Feng Shui can help.

There are hundreds of combinations of different types Yin and Yang that can be found in buildings and these all give rise to different influences.

These influences can either be positive or negative depending on their nature, and on how each area is being used.

For example if you have your bedroom with negative Yin energy, then poor health or marital strain may develop, or in the extreme, you could get seriously ill or have a relationship breakdown.

However, this same room may be able to be used for an office or some other Yang function, if it is filled with good Yang energies.

I have consulted many clients for whom creating good Feng Shui has made an astounding difference their life.

For example: good marriages that went rocky after moving to a house with bad Feng Shui were saved, people after years of insomnia were helped to sleep, businesses were helped to run smoothly, financial resources were stopped from being wasted, and proper places to sleep were located that allowed clients to get well after sickness.

Such dramatic changes can happen where bad Feng Shui is creating serious havoc in some area of people's lives.

I also have consulted many clients where Feng Shui improvements resulted in general improvement of their well-being and in the feel of their place, but not necessarily in a dramatic change.

People just "felt better" and were more comfortable in their space, and were therefore happier to live or work there.

Usually, these more subtle benefits occur when there is not that much wrong in the Feng Shui in the first place.

Sometimes, a person has serious Human Luck issues. By creating a beneficial living environment, such people generally feel better in their space and life may be easier.

What is really needed, however, is a change in their beliefs, attitudes, decisions and actions. Feng Shui cannot help them with this and will fall short of bringing about the help they really need if their Human Luck is not fully addressed.

## Why Is There So Much Mystery and Confusion Surrounding Feng Shui?

Feng Shui originated in China over 6000 years ago. Chinese people considered themselves an integral part of the universe; they attempted to live in harmony with Nature.

Feng Shui developed from this desire to live in harmony and is the study of how to create a beautifully balanced environment where people can flourish and prosper.

In the early days Feng Shui experts endeavoured to choose good sites for villages and houses. Over time more and more elaborate knowledge of the interaction between 'Heaven and Earth' [Yin and Yang] and its elements developed.

There are some Feng Shui Classics dating back to ancient times. These are incredible documents that capture the nature of the different energies we experience on earth and the changes they undergo over time.

However, they are written in such cryptic and poetic style that they have led to many simplifications and misinterpretations. One has to already understand Feng Shui (and Chinese) to make sense of them and to be able to use them.

It was around 200 AD that the term Feng Shui was first coined. It later experienced a golden age in China for about 200 years around 1100 AD. Many of the systems used today were consolidated around that time.

However, it has been the nature of the Chinese culture to be secretive about Feng Shui knowledge. Traditionally, a Feng Shui master would only pass his real knowledge to one selected successor at an old age; and Feng Shui secrets were never committed to writing.

Further, rivalry and backstabbing as well as hidden agendas to promote a certain religious or political points of view have accompanied the history of Feng Shui.

This resulted in vital and valuable information being lost.

It also led to the development of many splinter philosophies and schools. None of these splinter groups actually possessed the complete Feng Shui knowledge; each had some piece of information and built a school around this; but each one claimed to be the best and most authentic.

This also caused the fragmentation of the complete system of Feng Shui into two separate schools: the Form School (based on physical features) and the Compass School (based on buildings' intangible energies). This separation is nonsense as neither of them alone is a complete school of Feng Shui.

Furthermore, Feng Shui was subject to crushing social and political suppression, first by the Mongols and later by the Communists, which caused it to temporarily vanish from Chinese life.

During the 13<sup>th</sup> century the Mongols brought violence and destruction to all aspects of China's civilization. They were insensitive to Chinese cultural values and distrustful of Chinese influences.

Later, during the communist's regime, Feng Shui, together with other aspects of Chinese culture and religion, were suppressed from around 1959 until only the last few years.

During that time Feng Shui has primarily survived outside China in places such as in Hong Kong.

The point is that there has been a great deal of chaos and confusion in the history of Feng Shui.

There is no clear line of masters that can be traced back to the very early days of Feng Shui (even some claim this to be so).

There are classic texts available, which contain Feng Shui truths, but their full understanding is concealed from those who do not understand the symbolic meanings and poetic language that they are written in.

## 'Feng Shui' for the Common People

The Feng Shui that most Chinese people know is simplified and trivialised; real Feng Shui knowledge has been kept a secret.

Common Feng Shui has been mixed up with various religious beliefs and superstitions; and what emerged as what most people know to be Feng Shui, is an insignificant fraction of the whole knowledge.

Westerners, looking for quick and easy answers to the complexities of life, have taken on some of these superficial concepts.

Now we have symbols such as a Three-legged Toad with coins in its mouth passing as wealth creating talismans; and crystals in windows claiming to enhance relationships. Such things were never part of the real Feng Shui, but were symbolic add-ons to appease the common people.

While some of these 'Feng Shui cures' may have a psychological or aesthetic value, and as such bring results, they belong into the realm of symbolism and are not part of authentic Feng Shui.

Symbolic cures are harmless and work to the extent that you instil your intention into them. If you put a symbolic toad on your door step and your luck improves, it is your intention that manifested, not the toad's.

Genuine Feng Shui however, deals with matter, energy, space and time as they exist in nature and affect people. It works regardless of belief. It is not based on symbols.

These days you find the quick fix approach to Feng Shui in a myriad of Feng Shui books.

They contain some valid Feng Shui information, but this is often mixed with superstitious or false aspects and you may find it difficult to discern authentic Feng Shui from misleading bits of information.

I have met people, who were happy and actually doing well in life, but after reading some book, worried that their house may be "unlucky." Many concepts in these beautiful books are taken out of context and made into dogmas; others are simplified and not necessarily valid. Always ask yourself whether a piece of Feng Shui advice **makes sense to you**. If it doesn't, don't place any value in it.

## Genuine Feng Shui revived in the 19<sup>th</sup> Century

After real Feng Shui knowledge had been lost or gone underground for hundreds of years, it was rediscovered by Master Shen only in the late 19<sup>th</sup> century.

He arduously searched for the descendants or traces of the ancient Feng Shui masters in the hopes of finding some clues to their work. He spent many years and a great deal of money to advance his research but made little or no progress.

Fortunately, he finally discovered and then managed to secretly copy some very significant manuscripts that he found in a private collection. He compared these to the available Feng Shui Classics and slowly began to make some important advances.

It took many years of study and research before he was able to fully understand and apply these lost Feng Shui principles. As a result of this work, he is credited for having rediscovered the ancient knowledge of how to employ the lost technology of the legendary Flying Star School of Feng Shui.

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**Editor's Note:** The term "Flying Star School" is a misleading term, as it does not refer to actual flying stars; it is merely a poetic reference. The term Flying Stars refers to different qualities of Yin and Yang energies that are present in the universe. These affect each building and its occupants in numerous ways. Their effects also change over time.

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Master Shen had many disciples, and started to write up his lifetime's work in his now famous book, *Shen's Study of the Mysterious Void*.

Unfortunately, he died before he could finish the book. It was however completed in 1927 by his son and another disciple.

It is *the* text on how to apply the most advanced Flying Star Feng Shui formulas. They include an analysis of the physical and invisible forces of a building site as well as the changes a building undergoes as time passes.

Like the Feng Shui classics, this book was not written in an easily understood language, and has still been subject to conjectures and also produced numerous interpretations and incorrect understandings that still survive today.

## What makes a teacher authentic?

In keeping with Chinese culture, many modern Feng Shui teachers claim direct lineage to legitimise their teaching.

Since real Feng Shui knowledge was not passed on consistently or continuously, and was only rediscovered about 100 years ago by Master Shen, I find this claim a questionable qualification that contradicts historical facts and reason.

*A client of mine was in search of a Feng Shui practitioner and asked a Chinese friend if she knew one. Her friend didn't, but warned this woman not to go with a Chinese practitioner. She said that if she got a western person, she would at least be sure that they had been well trained.*

*I am not trying to knock Chinese practitioners, and there are many great ones out there, but this incidence shows that it is common knowledge that Feng Shui has at times become the realm of charlatans and rivalry, rather than truth and knowledge.*

The fact is that there is no consistent unbroken Feng Shui line of teaching that goes back into ancient times. Authentic Feng Shui knowledge available today has come from dedicated individuals who studied, were able to understand and apply the Feng Shui Classics.

Over the last 15-20 years, a handful of Feng Shui masters have brought various Feng Shui schools with very diverse interpretations to the West.

To make matters more complex, new schools of Feng Shui have been fabricated that simplify and trivialise important ancient concepts or omit them entirely. You can find them published in a myriad of easy to use Feng Shui books.

These books have served the purpose to make Feng Shui known and popular in the West; and they have also helped to draw attention on the fact that our buildings can affect us, but they have, at large, not presented the true Feng Shui knowledge.

Feng Shui systems based on symbolism tend not to work consistently, but may only bring results if the people involved focus and believe in these cures or what they stand for.

In this case it is their focus and attention that brings this result. Such practices are not Feng Shui; Feng Shui is not based on symbols, belief or religion.

**The test to determine the validity of a Feng Shui system is whether *it works in every situation.***

It needs to stand up to inspection. We do not believe Newton's theories because of his lineage, but because his laws withstand exacting examination and provide a workable understanding. Likewise, you need to use reason to distinguish between teachers or practitioners, who are committed to truth and knowledge and deliver the results available from authentic Feng Shui, and others who may be interested in self promotion.

## Myths Surrounding Feng Shui

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### Myth

There is an easy way to locate the **wealth** corner of a house; it is located in the far right/left hand corner when you enter the house.

### Truth

There is **no** simple way to determine the wealth corner.

In every house there is a position that can improve the wealth prospects of the people living in the house. To locate the wealth position, an accurate compass measurement has to be taken and formulas that include the age of the individual building need to be applied. This area will change as time passes.

The same is true for the **relationship, career** or other corners of a house.

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### Myth

Feng Shui, by itself, can make you healthy, wealthy and wise.

### Truth

Feng Shui properly applied can create a well-balanced environment that improves your health, your clarity of mind and alertness. It brings life and harmony into a building.

If the Feng Shui is good, you are supported and will have increased energy to deal with life, including making money.

Good Feng Shui does not bring you wealth if you do not perform the actions necessary to create wealth, but it gives you an environment from which you can reach out into the world and function to your full potential.

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### Myth

Feng Shui is baseless superstition, or is at best a nice toy, and relates only to belief and religion.

### Truth

Feng Shui has no religious background.

Today Feng Shui is an unconventional avant-garde science that millions of people have reported changed their life for the better. Feng Shui research is currently being undertaken to support its theories with statistical data.

Once more scientific data has been collected and analysed Feng Shui may, sometime in the future, be considered a conventional science.

Some Feng Shui schools claim superiority by alleging that there is a more powerful transcendental part of Feng Shui that is associated with superstition and belief.

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This comes from a newly invented version that has nothing to do with the tenets of Feng Shui. There is of course a place in this world for religion and mental practice; it however has nothing to do with Feng Shui.

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### Myth

Mirrors are powerful weapons against bad energy coming at your house.

### Truth

A mirror only reflects the light falling onto its surface. It is not a magic cure against all sorts of negative energy and has, in actual fact, only a very limited use in Feng Shui. You don't need a mirror to have good Feng Shui.

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### Myth

You have to believe in Feng Shui in order for it to work.

### Truth

Feng Shui is a way of understanding and adjusting the physical environment: matter, energy, space and time. As long as you have a body you are subject to these influences whether you believe in them or not.

For example, you would crash into a wall even if you believed it was not there. Belief does not influence the factors involved in Feng Shui.

There is a pseudo branch of Feng Shui that employs symbolic cures, such as toads for wealth. This belongs in the realm of belief.

If you have the intention to create wealth and put this intention out, whether in the form of a toad or just as a thought, such intention will manifest, but only if you take effective action. This is a very workable system; however, is not Feng Shui.

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### Myth

You can become a Feng Shui expert by taking a weekend course.

### Truth

Like any subject, such as art, music, a new language or science, Feng Shui has many layers and levels of understanding.

There is a lot of essential material that goes into a successful Feng Shui analysis. Only when all parts of Feng Shui are fully understood and integrated can you successfully apply Feng Shui with consistent results.

Such mastery cannot be achieved in one or two weekends. Even after many years of study there is still more to learn and understand.

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## What to Look For When Examining a Feng Shui System

When learning about Feng Shui you are very likely to come across conflicting information.

It can be very frustrating if you are searching for truth and find yourself in a quagmire of different theories that contradict each other, yet all lay claim to be the “the truth”.

The reasons for such divergence were explained earlier. In the following paragraphs I will shed some light on what types of Feng Shui you may come across so you will be able to make up your own mind about them. I will also give you my personal insights and evaluations of these various approaches.

The basic purpose of Feng Shui is to create beauty and harmony.

Many of its principles are self-evident and based in common sense. To the extent that beauty and harmony are created, every school of Feng Shui is successful, no matter what philosophy or techniques it may use.

Feng Shui utilises many principles. Often the challenge lies in knowing which principles to apply in order to create the best outcome in a given situation.

It is here where dogmatically applying one piece of Feng Shui knowledge can lead you down the ‘garden path’.

It is very important to select a Feng Shui system that incorporates all of the available genuine knowledge and is able to successfully obtain the maximum benefits in *every* situation.

## The Two Major Feng Shui Systems

Feng Shui can broadly be divided into the *Form School* and *Compass School*:

The **Form School** looks at physical forms and their influence, such as the hills and bodies of water, roads, trees, other buildings, doors, pathways, walls and furniture.

It also locates and handles attacks of tangible Sha Qi, **or** negative energy, which appears in the form of straight roads, sharp edges, beams etc, etc. The Form school is sometimes also called *Landscape* or *Mountain Top school*.

One of The Form school’s main ideas is that a good site should have protection at the back of a building in the form of a mountain, another building or a large grove of trees.

Its purpose is to provide support for the people. It is referred to as the Black Giant Turtle.

Within a room this translates into having a solid wall behind your back when sleeping or sitting.



While this is an important principle, if used on its own, it may be too simplistic and not appropriate in some buildings. There are situations, where other powerful Feng Shui aspects contradict this form school principle, and a different solution needs to be found to provide people support.

Forms are only one factor out of the many dimensions of Feng Shui.

Used alone they can even create more problems rather than providing solutions. For example: For more than ¼ of all new houses, placing a mountain in the back will impede the flow of wealth energy into a building and will not actually provide support for the people.

Such cases don't follow the ideal energy pattern of a house. They have good Yang energy at the back and having a mountain there would create problems.

The Form School cannot be separated out from the whole system of Feng Shui. It is a powerful tool, but needs to be integrated into a complete Feng Shui analysis.

The **Compass School** utilises the compass direction of a building or site to work out the intangible Feng Shui aspects.

These forces cannot be seen, but they can be felt. You may have felt the difference between walking into a building that feels radiant and another that feels heavy and dull – even when they were both equally new and decorated.

There are various Compass School systems that calculate these intangible aspects and these are covered later.

Compass Schools reveals a building's inherent flavours and the best usage of various areas. They provide information of how the various types of Qi (Chi) are distributed in a building.

## Feng Shui building blocks

**Qi** is often referred to as energy, but it actually has a combination of meanings and is not easily translated into English: It may exist in the form of matter or energy or both simultaneously. Yet, it is more than that and also comprises life energy or spirit as well as what we call luck.

You can get a sense of it when you get a particular 'feel' of a place or when standing near the ocean and feeling its life. You could call it the sense of life that exists around us in its various manifestations.

This Qi is further classified into **Five Phases**, commonly referred to as **Elements**.

These denote different phases of transformation of Qi, in its cycle from creation to destruction.

The elements are called Wood, Fire, Earth, Metal and Water. These terms do not represent these things as such. They are only poetic references that name the particular energetic quality that exists in nature, such as radiating and hot for the Fire element.

Each of the various elements is associated with a certain colour and shape. An analysis of the elements of different types of Qi is used in selecting appropriate Feng Shui cures as well as favourable colour schemes.

The formulas of the Compass Schools show us which combination of elements dominates each area inside a building.

Based on this information it determines the best position for the main door as well as for the various rooms or functions.

It is here that it crosses over into the Form School. To make full use of the intangible energies of a building, forms, such as the location of doorways, walls, furniture, water features and landscaping elements need to be considered. Just like the Form School, the Compass School cannot stand alone.

It is obvious that the Form School and the Compass Schools cannot be separated, but form an integrated whole. Together, these two schools of Feng Shui can help you create a good building.

Feng Shui is the examination of how the tangible physical forms interact with the intangible Qi elements in a building or landscape. It is the task of a practitioner to match these forms with their invisible counterparts in order to create harmony and wellbeing.

**When looking for a Feng Shui system or consultant, make sure they integrate both Form School and Compass Schools.**

## How to choose the best system of Feng Shui?

Feng Shui examines the physical environment, which consists of matter, energy, space and time, and the interaction of people within it.

I have tested many Feng Shui methods and found that **only a system that encompasses all of these aspects, including time, proves to be universally successful.**

Time is an intangible element in Feng Shui that is not easily understood. In an analysis we incorporate time in two ways.

Firstly, the period a building was constructed is used in the Feng Shui calculations; and secondly, as the effects of the different types of Qi in a building change over the years, the progressive effects of time are also taken into account.

**Flying Star Feng Shui** is the only system that includes the time factor. (The term "Flying Star" has nothing to do with stars. Like the word "dragon" it is a poetic reference to the subtle influences that affect a building.)

Flying Star Feng Shui utilises formulas that include the building's age and exact compass orientation. It then carries out a stringent analysis of the various combinations of Qi (poetically called stars) that enter the building from various directions.

When evaluating this against the layout of a house, this analysis tells us how the occupants will be affected by these various energies (Qi) throughout the years.

It is an involved method and the results are different for each building.

Because of its complexity, many practitioners won't utilise it. In order to get an effective Feng Shui analysis, make sure your teacher or practitioner includes the time factor.

Unfortunately, even Flying Star methods have been subject to controversy and confusion. Some people try to use Flying Star formulas without considering the interactions with the physical features of building.

Others look at it statically as set of numbers (energies) in boxes for each area.

If used that way, the Flying Star system is nothing more than a clinical analysis, which cannot provide real life solutions.

The Flying Star system is a dynamic system that also encompasses the movement of energies through a building. Working with it statically, or with only one aspect of it alone does not provide you the best possible results.

## What to look for in a practitioner

Real Feng Shui is based on set formulas and laws, but like in any science, the ability to apply them, or to pick the appropriate principle in a given situation is an art.

Flying Star teachings contain layers of information that need to be integrated. There is an immense amount of knowledge to be learned and practical skills that have to be mastered.

It took years from first learning the basic principles before I was able to understand and deal with the complexities of every situation. Often there are judgments to be made in situations that are not black and white.

Like a professional artist or athlete, a professional Feng Shui Consultant is not made over night. Being a good practitioner of this art requires a solid foundation of knowledge as well as the practical experience in application.

Perhaps it could be compared to a potter who prepares glazes for a pot. A chemist may understand the chemistry behind glazes in general, but there is an art to mixing and applying, which only the potter knows. A professional potter will know both the chemistry and will have also mastered the art of application.

In any profession, the art of application is gained only after many years of study and practice.

Another dilemma you face in choosing a practitioner is that there exist various different techniques of how to correctly perform the Flying Star calculations.

Make sure you check the track record and reputation of the school your practitioner and teacher comes from. I don't advise using a practitioner that has recently invented some new methods. Also make sure that he or she is well trained, experienced and knows what he or she is doing.

If you are looking for a consultant, find a “professional” and if you are considering Feng Shui as a course of professional study, please understand that it takes some time before Feng Shui can be a satisfying career for you.

When selecting a teacher or practitioner, make sure that they are accomplished in the Flying Stars rather than ‘knowing all schools’ and practicing bits of each one.

## Southern Hemisphere Applications

Here is one common point of contention: How to apply Feng Shui in the Southern Hemisphere.

The controversy centres on how to use the Bagua, a tool used in the compass analysis, in the southern hemisphere.

The Bagua is a figure 8 arrangement. It tells a practitioner about the location, interaction and progression of Qi in the different areas of a site or house.

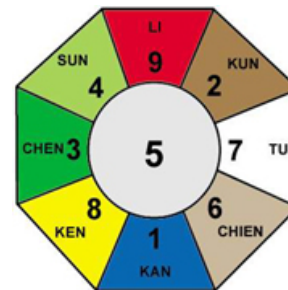
It is used by a practitioner to create an energy map for a particular building.

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The terms Kan, Kun, Chen, Sun, Chien, Tui, Ken and Li of the Bagua stand for eight different types of energy associated with different phases of Qi.

They are also termed: Water, Earth, Thunder, Wind, Heaven, Marsh, Mountain and Fire.

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The Bagua

**There exist a Southern Hemisphere school of Feng Shui, which has invented its own way of how to use the Bagua.**

This ‘new’ way is based on the notion that in the Bagua the compass direction South is associated with the Fire element, which is radiating and hot.

Climatically, this is only true in the northern hemisphere. For this reason, and because vortexes like hurricanes move in the opposite direction in the different hemispheres, Southern Hemispheres practitioners have reversed the directions of the Bagua and have created a new version of Feng Shui.

**The Southern Hemisphere approach, however, trivialises Feng Shui and reduces it to a climatic or physical analysis only.**

If the Bagua was a climatic map there should not only be two different ones for the two hemispheres, but countless Baguas for the myriad of climatic conditions on earth: sometimes there are hot winds from the West, in other places they come from the East, etc. It does not make any sense.

Climate is only *one* important aspect of good Feng Shui. It is part of the Form school.

A good building in the subtropical areas is generally open to the North in the southern hemisphere and open to the South in the northern hemisphere.

This allows the pleasant winter sun to enter the house while creating protection from the colder winds.

Other climatic factors such as prevailing winds, the position of mountains and oceans are taken into account in a good Feng Shui analysis but as they are different everywhere, no general rule can be made.

The Southern Hemisphere school further comes to a sticky end when applied in the tropics, between the Tropics of Cancer and Capricorn, especially at the equator.

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**Tropics of Cancer and Capricorn** – The earth is tilted; this leads to the sun being overhead at the equator only during spring and autumn. During the Northern Hemisphere summer it moves overhead the Tropic of Cancer, 23.5° North; during the Southern Hemisphere summer it moves overhead the Tropic of Capricorn, 23.5° South, during the respective solstices

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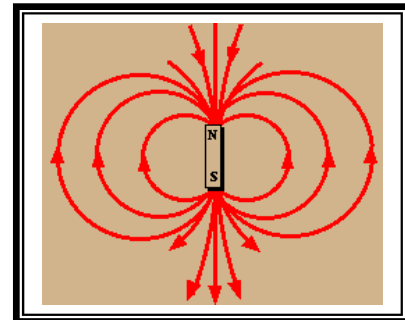
In these areas the sun comes from the north, stands right overhead or comes from the south during different times of the year. If the Southern system was applied, the Feng Shui and houses there would have to be changed every six month and this surely cannot be right.

The Bagua is not a climatic map. It maps out how nature and life interact and change with the physical forces of the universe.

It is an energetic map that measures the invisible forces in the universe. It is based on the **magnetic** compass orientation of the earth.

Magnetic energy, by its nature, emanates from the South Pole and is collected by the North Pole.

In this sense, the South, globally, is 'radiating out' (the FIRE element) and the North 'cool and moving downwards' (the WATER element). The compass needle points north no matter where you are on the planet, it does not point the other way as soon as one walk across the imaginary line of the equator.



**The formulas of Feng Shui apply therefore universally on the whole planet.**

Climatic influences are different in the various places on earth. The influence of the sun and the prevailing winds are incorporated by any good practitioner. They are part of the skilful application of the Form School. However, any newly invented applications of the Bagua, or the Compass method for the southern hemisphere should be discarded.

## When Should You Have a Feng Shui Consultation?

There are four main reasons why you should have a Feng Shui consultation:

1. When **planning a new building** or doing major **renovations** or **additions** on an existing one (or when moving).

This is the best time to have a consultation as it gives you the opportunity to design a space that is radiant and in harmony with nature, and get it right in the first place;

2. When you are experiencing **problems** that you think could be attributed to negative Feng Shui.

Sometimes people are afraid of getting a Feng Shui analysis, fearing some negative verdict.

The truth is that you have lived in a place for a certain time. A Feng Shui analysis only reports back on the existing conditions, and then improves the situation. It will not make it worse.

The vast majority of cases can be successfully improved without spending much money. A perfect building does not exist, but by employing a qualified Feng Shui analysis you can always move a bit closer towards perfection on this scale from harmful to perfection.

3. When you want to determine the **best location for various rooms**, such as bedrooms, offices, living areas; key staff members in an office, etc; and also when wanting to **locate the best place for each individual person in the house**;
4. When you have the desire to **create an optimum environment** and want to make the best out of your Earth Luck.

For the first three scenarios you will definitely require a professional practitioner who is experienced and well trained. You cannot learn enough Feng Shui from a book to handle the complexities involved.

In most cases, the comparatively small cost of a consultation and the establishment of a favourable Feng Shui situation will far outweigh the monetary loss and human suffering that results from poor Feng Shui.

For the fourth reason, you can pick up some valuable Feng Shui principles from reputable sources (I will include some fine introductory books in the appendix) that will improve your place and create an aesthetically more pleasing environment. If you want to obtain the full benefits of Feng Shui you will need to get trained yourself or consult a qualified practitioner.

# The Different Schools of Feng Shui

## 1. Flying Star Feng Shui, also called Fei Xing or Xuan Kong (space and time)

The term Flying Star is actually misleading. It has nothing to do with stars but is merely a poetic reference. The Flying Stars actually represent nine different types of Qi present in the universe.

Flying Star Feng Shui is a dynamic system that also considers the age of a building, unlike other Feng Shui systems, which ignore this. It also incorporates the effect of the passage of time. Major changes occur every 20 years in every house and this is an important factor.

Each type of Qi has distinct qualities. A Flying Star analysis locates the combinations of these types of Qi that enter a building from the different directions.

These various combinations have different effects on its occupants. Their exact location within an individual building is mapped out using Flying Star formulas. These calculations require an exact magnetic compass reading and the period when the house was built.

The nine basic energies of a Flying Star analysis are represented in the Luo Shu.

Luo Shu is a number pattern dating back to pre-historic China. It is displayed in a 3x3 magic square with each row, column and diagonal adding up to 15.

Within the geometric pattern of the Luo Shu are contained the proportions that replicate the order of nature: These proportions are found in shells, fish, plants, snowflakes, insects, in the proportions of the human body, and even in how the universe expands, as well as in the harmonics of music.

4	9	2
3	5	7
8	1	6

**Luo-Shu Magic Square**

This proportion is called the Golden Mean. It permeates nature and brings order into chaos. The proportion of the Golden Mean is pleasing to the eye, or in the case of music, is contained in harmonies pleasing to the ear. It is a mathematical expression of what we commonly agree to be aesthetically beautiful. It has been widely utilised in Classical architecture and music throughout the East and West.

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**Golden Mean** – This is also called the Divine Proportion which is found in the nature and in the harmonies of music. The exact proportion is 0.618. I've included some reference material in the appendix.

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The Golden Mean is contained in the Luo Shu, which is in turn utilised in the formulas of Flying Star Feng Shui. These are used to determine the energetic map of a building, - which in turn helps us to bring it into harmony with nature.

With the help of this energetic map we can find out how the various types of Yin and Yang Qi are distributed within a building, and how these interact with each other, and with the existent features of the building.

Flying Star formulas are complex and to include them here would go beyond the scope of this book. Altogether, there are 144 possible energy maps.

A Flying Star map tells us what types of Qi enter the house from the eight different directions. It reveals the inherent flavour or quality of each area, and how to best utilise it.

Some areas are better for activity and prosperity, while others are very good for relaxations and relationships. You are affected by these different combinations and do much better in life in a building that is in harmony with its invisible Qi.

Flying Star Feng Shui locates the individual and true direction of the most prominent Yang energy or wealth star.

When there is a door or window in this direction, this Qi can come into the building and fill it with radiant energy, which can be felt by anyone.

It is this energy that Flying Star practitioners seek to activate. It can bring wealth and good fortune to the occupants on the dimension of Earth Luck.

Likewise, Flying Stars help you locate an area that is best to sleep (or sit) in - an area where you are supported by beneficial Yin Qi. This facilitates good health and relationships, and alleviates stress.

The primary task of Flying Star Feng Shui is to make the most of the positive Yin and Yang Qi and to inhibit negative Qi from manifesting in a house.

If you can use the different types of Qi appropriately you have a good building; it feels good and supports you and your activities.

Appropriate forms - like bodies of water and mountains, or walls, furniture and pathways- are used to enhance the good qualities of a building and reduce the negative influences.

Furthermore, Flying Star Feng Shui prescribes the use of colour and decorative objects to support good Qi in each area, to promote positive influences and harmony, and to reduce any negative existent potential.

For example, some houses have a section where the use of Fire colours (red tones) would create agitation and stress and make that space feel heavy. You would experience an inability to concentrate there and could not get anything done. In this area Fire colours should not be used; they make the space worse.

On the other hand, there are houses that have an area, where its Qi has the potential of bringing radiance and prosperity into a building - yet some conflicting Qi may also be present there, preventing this good energy from manifesting.

To remedy this situation such an area needs a lot of Fire colours. Having red tones there would be vital in making the building radiant and alive.

As you can see, **the use of colour is individual to each building**, and general recommendations cannot be made.

The **compatibility of a building with an individual** is also with Flying Stars. Every person resonates with a type of Qi according to their birth year.

To assess a person's compatibility with a home, we determine how their birth Qi relates to the building's Qi. In the majority of cases there is no problem, but there are instances where a person's relationship with the home is stressed. In such a case, people may find it hard to get settled or to ever really feel comfortable.

Such situations can be helped along somewhat but not fully remedied; so it is worthwhile finding out about this before moving into a new property.

The Flying Star School is **the** advanced system of Feng Shui that is universally workable. It is only for the more serious practitioner as it takes time to learn and master.

Its tenets had been lost or kept secret for a long time, but we are fortunate to have some reputable masters that have revived the system and brought it to the West.

I suggest you only employ a Feng Shui consultant if they know the Flying Stars system well, as it is the only system that works universally. For a list of well-trained Flying Star practitioners check [www.astro-fengshui.com](http://www.astro-fengshui.com).

## 2. Eight House School, also called Ba Zhai or Ba Yun

This school is not time based and more static; it does not take the dynamic change that occurs in a building over time into account.

It is, however, the most well known system and has some validity.

Legend has it was invented by a reputable Feng Shui master to give to a neighbouring state as payment for some favour they owed. He designed a system that, though valid, was harmless and did not reveal the more powerful Feng Shui secrets.

I have found it a workable system, but not consistently. Because it neglects the factor of time, it does not always provide excellent results.

In the Eight House School there are only eight types of houses.

Each house as well as each person is assigned one of two categories - an East or a West group. By comparing the house type with the person, and one person with another, compatibility is determined.

The Eight House School locates the eight directions the various types of Qi come from for each of the eight types of houses. These type of Qi are said to bring vitality, longevity, health, stability as well as 4 negative types of Qi in turn.

The Five Elements are again used to cure negative spaces or enhanced good Qi. Objects of a particular shape or colour are employed to balance different areas of a building.

I find that this system categorises people and houses too rigidly.

It tends to create division and scares people as half the population and half of the houses would not be compatible with the other half.

In my experience this is actually not true; I have found many happy marriages between people of "incompatible" groups; and I have found people living successfully in houses they were not supposed to be compatible with.

However, it is a great system to play around with when you are learning Feng Shui, or if you want to place some Feng Shui cures in your own house.

I would, however, not place too much significance on it. I don't think a Feng Shui consultant practicing this system alone would be up to the standard needed to handle every Feng Shui situation.

### 3. Black Hat Sect or Black Sect Tantric Buddhist (BTB) – 'Fast Food Feng Shui'

This is the most prevalent system used in popular books. It divides the house into nine boxes based on the position of the front door or sometimes the compass orientation.

**This division of a house into nine boxes has no logical foundation and is a relative recent invention of this school.**

The Black Hat Sect assigns various aspects of life to each of each of these boxes, namely Career, Relationship/Marriage, Family/Health, Wealth, Helpful People/Travel, Children, Knowledge/Wisdom and Fame. To enhance these life aspects various symbolic cures are then placed in the associated areas.

These cures are not Feng Shui; if they work, in my opinion, it is only because you believe in them or put your intention behind them.

It is *you* who make things happen through your intention. This is a powerful truth about life; and it is important that you know that *you* are creating powerful outcomes in your life, not the painting or object in your house.

BTB is a modern "invention", a recently fabricated Feng Shui. One has to make an effort to find any connection with Traditional principles.

Its principles are oversimplified and generalised. It is not taken seriously by most professional practitioners; BTB is often considered to be Pseudo-Feng Shui. By its practitioners it is often referred to as a "spiritual practice".

Nevertheless, BTB practitioners do apply workable **Form** School principles and you will get some benefit from these if they are applied correctly.

To a large extent, however, they use symbolic cures, and as discussed earlier, such objects are remedies of the mind and not Feng Shui.

I have had people come to me terribly worried that their relationship or wealth corners were in the toilet; or that some important areas were missing, and they feared they could never do well in this house.

Such suggestions are dangerous and not based on truth. There are good houses with missing corners as well as bad ones, and many people are happily married even with their 'relationship corner' in the toilet.

## 4. Triple Primaries School or San Yuan Tai

This is one of the more well known water methods of Feng Shui. It is not a complete Feng Shui system by itself; a good Flying Star practitioner will often times incorporate this into his or her practice.

It helps to locate a suitable site for a house by determining where, in the greater environment, there should be a mountain and where there should be water. We often don't have choice in this matter. The San Yuan school is more applicable in town planning, or when building on acreage in the countryside.

It is an important and valuable tool that should be incorporated, but not a complete and workable Feng Shui system on its own.

## 5. Water Methods of Feng Shui (San He, Long Men, Yellow Spring ...)

There are various water methods of Feng Shui, all with exotic names, which are kept secret and are not available to the public. Their big claim is that they bring substantial wealth to the occupants of a house where they have been used.

I have found that some of these methods are based on sound principles while others are questionable.

After studying and examining available water method schools, I have come to the conclusion that if a practitioner does not know his or her basics of Flying Star Feng Shui, such water methods alone are not a magic pill.

Together with the Flying Stars (time & space school), some of them form a powerful and effective adjunct to Feng Shui fundamentals. However, in my opinion even their success is overvalued.

My advice is not to get blinded by exotic names, claims to secret methods or one-sided approaches that do not include the Feng Shui basics.

Make sure your teacher or practitioner knows the Flying Star school essentials of time and form. These are the fundamentals, without which a building analysis is never complete.

Once this is in place you can correctly incorporate advice on reputable water methods.



## Case Studies

Here are some results I achieved in my consultations using Flying Star Feng Shui:

### **Feng Shui Explains the Sudden Loss of Business**

The manager of an advertising agency called me after they had moved into a new building. Since the move, their business had turned sour suddenly, with loss of contracts, lay-off of staff and financial uncertainty. 'Luck' seemingly had turned against them. They also felt their new space to be heavy and not as radiant as the previous one; personal relationships were under stress.

In their previous building, they had been doing extremely well, winning awards and creating great profits. Spirits had been high. In order to accommodate the called for expansion they had moved to a bigger space. A Feng Shui analysis of the old, successful space revealed that the predominant energy had been one of creativity and achievement. It had suited their type of business perfectly and had accommodated their success.

The analysis of the new space, however, revealed the predominant energy there to be indicative of loss of money and financial disaster, as well as conflict between people – sadly matching their experience. The position of office partitions and the colour schemes aggravated the underlying problem significantly. They had spend large sums doing up this new place 'wrongly'.

The best solution here would have been an analysis before their extensive renovations to avoid such a night-mare. It would have involved the redirection of people-flows by relocating workstations and partitions. This would have also involved putting key people in areas conducive to business and creativity, and relocating storage spaces to the duller areas, - principles that they inadvertently had violated. Furthermore, it would have required very different colour schemes in order to weaken the negative and strengthen the positive potentialities.

Sadly, the company had just spent a fortune on renovations and balked at another big change. Placement of elemental cures somewhat alleviated this unfortunate, but avoidable situation. This is a classic case that shows the importance of a Feng Shui analysis before a major move or refurbishing. A lot of pain could have been avoided at virtually no extra cost.

### **Feng Shui used to Alleviate Marriage trouble**

A couple that had been happily married for 10 years with 2 children had just moved into a new home and asked me to have a look. When I saw the Feng Shui situation I asked them whether they were having marital problems, since this was the 'theme' indicated by my Feng Shui analysis. They said they were doing fine, that their relationship had always been very happy and fulfilling. This happened at a point of my Feng Shui career when I had not experienced the effects of such combinations first hand; and I chose not to 'solve' any problems that did not exist, and I did not suggest any cures.

Two weeks later the woman called up and told me that everything had exploded, that they were fighting. Shortly after the move they began to constantly pick on each concerning things that had never mattered previously. They also had several small accidents with fire and things breaking. The children were fighting and the whole family atmosphere had become quite combative. Sleeping was difficult for everyone.

This case really showed the influence of Feng Shui and we at once set out to cure this situation, mainly by closing off one of the doors and creating a different pathway into the

house. Additionally we used other elemental cures to counteract the potential for fire; they also changed their bedrooms to better support the children. We also strategically placed some still water, designed to help with finance flows.

Shortly after we had the remedies in place the conflicts subsided and the atmosphere became much more harmonious. The children's behaviour improved and the couple's relationship issues subsided. Sleep was much better.

The couple now laughs about it and they are getting on with their lives again in the same way they had for the 10 years before they moved to the new house. They also have had a few new business opportunities suddenly appear.

### **Feng Shui Remedies 'No Sleep' & a 'sleepy Business'**

A young family in an old house on Sydney's North Shore had all sorts of trouble in life. The father had not slept more than a few hours per night for years, the 5 year old daughter caused lot of trouble and was sick a lot, and their business, he ran from home, was not as successful as it should have been.

The energy map of the house revealed, that the couple was sleeping in an area that was most harmful for sleep and health, while at the same time blocking very radiant energy with their large bed. The office on the other hand, was located in a very dull area, harmful for business. Their daughter was sleeping in an area of the room harming her health and wellbeing.

It was obvious that the best solution was to switch their office and bedrooms. The bedroom now, although smaller, tapped into beneficial energy for sleep, whereas their office benefited from the radiance of the former bedroom. The father slept through each night immediately after this change, and their business picked up substantially. We shifted their daughter's bed, as well as placing some energetic remedies. She settled down and her behaviour changed remarkably.

## Where to Go For a Good Teacher or Feng Shui Professional

I have explored all the most well known Feng Shui systems.

Originally I had started using the Black Hat system. I knew that there was genuine wisdom in Feng Shui, but got very frustrated, because the Black Hat system did not deliver results consistently and was very unpredictable.

For similar reasons, I did not find using the Eight House School very satisfactory either. It tends to create division and conflict rather than resolve situations. It also presented workable solutions inconsistently.

When I found the Flying Star system I knew I had found what I was looking for. In its structure and formulas it actually captures all situations and I have found it universally workable and satisfying.

I studied under Joseph Yu, a Feng Shui master who has scientifically scrutinised the various Feng Shui systems and also brought authentic Feng Shui to the West. He trains his students in sound Feng Shui and has eliminated the superstitious aspects. In fact, he was a physics professor who originally set out to scientifically disprove the ancient Chinese methods such as Feng Shui, but to his amazement found real ancient knowledge that consistently worked when applied properly.

Master Yu, has founded the Feng Shui Research Centre with the purpose of establishing a basis for scientific research into Feng Shui. He also trains practitioners who contribute to this research. Based on my observations and experience, I have confidence that practitioners qualified by him are trained well and make good Feng Shui consultants. His website with a list of practitioners is

[www.astro-fengshui.com/misc/practitioners.html](http://www.astro-fengshui.com/misc/practitioners.html).

If you are able to do some of the work yourself, like taking a compass reading, you can also have me conduct a remote analysis for you. Outstanding results can be achieved with this. Please check my website for more information: [www.soulspace.info](http://www.soulspace.info)

## APPENDIX

# Schools of Astrology Associated With Feng Shui

Worth mentioning here are systems of astrology that are often associated with Feng Shui. They have similar origins and some Feng Shui consultants utilise them. They concern themselves with predicting **Heaven Luck**.

The commonly known twelve animal signs are only a superficial part of Chinese Astrology. Traditional astrologers use complex mathematical formulas to describe the probable path of a person's life.

They do not believe, however, that a person's life is pre-determined. You have a certain degree of freedom to choose your life-path within this probable frame. The idea is to make you proactive and able to react positively in your daily decisions and actions. It can also help you find your life's purpose.

Just as good Feng Shui feels right, a destiny chart should also resonate with your inner knowing. I have found these systems interesting; yet, I have also observed that some people tend to become too much the 'effect' of predicted heavenly luck cycles.

A destiny chart can put a person in the condition of waiting for something to occur, rather than being out there and creating what is right for them. I personally have even become a bit depressed after finding out that my luck cycles were going to be down for quite a while. When I managed to ignore this however, I was able to pick up my life and make it go right anyway.

It is important not to forget about **Human Luck**. You are the creator of your life. The Human spirit is more powerful and can control matter, energy, space and time; it is more powerful than whatever destiny may have been bestowed on you by heaven.

You have knowingness of what is right for you, and you have the ability to create circumstances to fully live your potential. Even when your Heaven Luck has a down cycle, you can overcome it by your own efforts (Human Luck) and still be successful in life.

For your information, following are some of the systems of astrology that you may come across when looking up Feng Shui:

### **9-Star Ki**

Nine Star Ki is known as Japanese Astrology. It is the study of our relationship with time and works with a similar number pattern as Flying Star Feng Shui. It is also quite similar to Western Astrology.

### **Zi Wei Dou Shu**

Zi Wei Dou Shu is a Chinese Astrology System that maps out the twelve types of energies that influence you, often referred to as the Chinese animal signs. It addresses different aspects of your life such as friends, wealth, health, etc. The idea is that these different

energies bring certain events into your life, and that you then have the choice of how to react.

### **Four Pillars of Destiny**

This is an Ancient Chinese method of reading the life of a person. From their exact birth time, a combination of elements and Chinese animal energies are determined. These can then reveal, to a serious practitioner, information about a person's destiny and purpose.

### **I-Ching, Yijing**

I Ching literally means the Book of Changes. It is the most ancient and most respected Chinese ancient oracle book.

Many people consult the oracle, looking for guidance or inspiration. It analyses a situation in the present in order to predict possible changes in the future.

Chinese philosophy advocates the belief that mankind is part of the Universe, and that the near future can be predicted by what is currently in your mind. After transferring what is in your mind into a toss coins or such, you can then interpret these outcomes through the I Ching, and predict the outcomes of various actions.

## How to Improve Your Human Luck

In my opinion, in order to become the best person you can possibly be, having good Feng Shui helps, and a destiny reading may help you work out your purpose, if you don't already know it.

Yet, it is important to understand that Human Luck is the most important factor of the three. It is your knowingness and your ability to cause life to run in a certain direction. Never discredit what you know to be true and instead follow someone else's advice. Human Luck is where your real power lies.

You may be already living a life in power, and are feeling alive, connected and creating what you want; or you may feel slightly disappointed with life; or even resigned to it.

You may be making yourself feel OK about a life that is really only just 'OK', but you know could be much better. The reason you seek out Feng Shui is because you want to help yourself or others to create a better life.

Good Feng Shui is great and makes a vibrant environment, but when you settle for Feng Shui solutions or Destiny readings only, your life may still fall short of what is really possible.

The problem often is that you know you should be more positive in life, but that's easier said than done, if you can't control your own negative thoughts or reactions. You may not be able to stay focused or you may have even given up - and now are looking for some 'magic'.

You may feel that you have progressed some of the way but then settled for this. You may even feel wary about help or don't feel that real help or improvement is possible. Perhaps you have attempted to get help in the past but were disappointed when there was still no real change in the situation.

Don't give up on the level of Human Luck. There are methods of personal development that can really help and are extremely effective. What I am doing today and my level of happiness and fulfilment would have not been possible had I not pursued this Human Luck option as well. If you want some information on what I am doing please contact me and I can lead you to some good resources. Please email me [brigitte@soulspace.info](mailto:brigitte@soulspace.info).

## References

1. My website: [www.soulspace.info](http://www.soulspace.info);
2. Master Joseph Yu & the Feng Shui Research Centre: [www.astro-fengshui.com](http://www.astro-fengshui.com);
3. For some good general Feng Shui knowledge:  
***The Complete Idiot's Guide to Feng Shui***  
by Elizabeth Moran, Joseph Yu, Val Biktashev;
4. For some book on the Golden Mean:  
***The Power of Limits, Proportional Harmonies in Nature, Art & Architecture***  
By György Doczi

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